

Gymnasium - Side 1 Spring 2025



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:00		Open Gym 5am to 10am	Open Gym 5am to 9am	Open Gym 5am to 10am	Open Gym 5am to 9am	Open Gym 5am to 10am		
5:30								
6:00							Open Gym 6am to 8:30am	
6:30								
7:00								
7:30								
8:00	Open Gym 7am to 4:30pm							
8:30								
9:00								
9:30								
10:00		Early Learning Center 10am to 12pm - Gym Closed						
10:30								
11:00								
11:30								
12:00		Open Gym 12pm to 6pm	Open Gym 12pm to 5pm					Open Gym 12pm to 8:30pm
12:30								
1:00								
1:30								
2:00								
2:30								
3:00								
3:30								
4:00	Gym Closes at 4:30pm	Youth Sports 6pm to 8:30pm	Youth Sports 5pm to 8:30pm	Youth Sports 5pm to 8:30pm	Youth Sports 5pm to 7:30pm		Gym Closes at 5:30pm	
4:30								
5:00								
5:30								
6:00								
6:30								
7:00								
7:30								
8:00								
8:30								
9:00								
Gym Closes at 8:30pm								

The YMCA reserves the right to change the schedule at any point without notice.

Gymnasium - Side 2 Spring 2025



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
5:00									
5:30									
6:00									
6:30									
7:00	Open Gym 7am to 4:30pm	Open Gym 5am to 10am	Open Gym 5am to 9am	Open Gym 5am to 10am	Open Gym 5am to 9am	Open Gym 5am to 10am	Open Gym 6:30am to 12pm		
7:30			Cross Train 9am to 10am		Cross Train 9am to 10am				
8:00									
8:30									
9:00		Early Learning Center 10am to 12pm - Courts Closed							
9:30									
10:00									
10:30									
11:00									
11:30									
12:00	Open Gym 12pm to 8:30pm	Open Gym 12pm to 8:30pm	Open Gym 12pm to 6pm	Open Gym 12pm to 8:30pm	Open Gym 12pm to 8:30pm	Open Gym 12pm to 8:30pm	Youth Sports 12pm to 6pm		
12:30									
1:00									
1:30									
2:00									
2:30									
3:00									
3:30									
4:00									
4:30									
5:00	Gym Closes at 4:30pm		Youth Sports 6pm to 7pm						
5:30									
6:00									
6:30									
7:00									
7:30									
8:00	Gym Closes at 8:30pm								
8:30									
9:00									

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