Gymnasium - Side 1 Spring 2025



							×		
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
5:00									
5:30									
6:00									
6:30			Open Gym 5am		Open Gym		0		
7:00		Open Gym 5am	to 9am	Open Gym 5am	5am to 9am	Open Gym 5am	Open Gym 6am to 8:30am		
7:30		to 10am		to 10am		to 10am			
8:00									
8:30									
9:00			Cross Train		Cross Train				
9:30			9am to10am		9am to10am				
10:00	 								
10:30		Early Le							
11:00	Open Gym			. 0.000					
11:30	7am to								
12:00	4:30pm						Youth Sports		
12:30									
1:00							8:30am to 6pm		
1:30							l opin		
2:00		Open Gym	Open G	iym 12pm	to 5pm				
2:30		12pm to	•		•				
3:00		6pm							
3:30 4:00						Open Gym			
4:00						12pm to			
5:00						S 5 pm B O pm Gym om to			
5:30			Youth Sports 5pm to 8:30pm	Youth Sports 5pm to 8:30pm	Youth Sports 5pm to 7:30pm				
6:00		Youth Sports 6pm to 8:30pm					Gym Closes		
6:30	Gym Closes at 4:30pm								
7:00									
7:30							at 5:30pm		
8:00					Open Gym				
8:30					7:30pm to 8:30pm				
9:00			Gym	Closes at 8:3					
The YMCA reserves the right to change the schedule at any point without notice.									

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Gymnasium - Side 2 Spring 2025



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
5:00									
5:30									
6:00									
6:30			Open Gym 5am		Open Gym				
7:00		Open Gym 5am	to 9am	Open Gym 5am	5am to 9am	Open Gym 5am			
7:30		to 10am		to 10am		to 10am			
8:00							0 6		
8:30							Open Gym 6:30am to		
9:00			Cross Train		Cross Train		12pm		
9:30			9am to10am		9am to10am		p		
10:00]								
10:30		Early Lea							
11:00	0	Larry Lea							
11:30	Open Gym 7am to 4:30pm								
12:00			Open Gym 12pm to 6pm				Youth Sports 12pm to		
12:30									
1:00									
1:30									
2:00									
2:30									
3:00									
3:30		Open Gym	Op	Open Gym	Open Gym	Open Gym	6pm		
4:00		12pm to		12pm to	12pm to	12pm to			
4:30		8:30pm		8:30pm	8:30pm	8:30pm			
5:00				·	·				
5:30			Youth Sports						
6:00									
6:30	Gym Closes		6pm to 7pm						
7:00	at 4:30pm		Open Gym				Gym Closes		
7:30			7pm to				at 5:30pm		
8:00			8:30pm						
8:30				Classes at C. 3	0				
9:00	Gym Closes at 8:30pm								

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