

# Gymnasium - Side 1 Summer 2025



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday								
5:00		Open Gym 5am to 8:30 am	Open Gym 5am to 8:30 am	Open Gym 5am to 8:30 am	Open Gym 5am to 8:30 am	Open Gym 5am to 830 am									
5:30															
6:00															
6:30															
7:00	Open Gym 7am to 4:30pm	Camps 8:30 am to 400pm	Camps 8:30 am to 400pm	Camps 8:30 am to 400pm	Camps 8:30 am to 400pm	Camps 8:30 am to 400pm	Open Gym 6 am to 5:30 pm								
7:30															
8:00															
8:30															
9:00															
9:30															
10:00															
10:30															
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2:00															
2:30															
3:00															
3:30															
4:00															
4:30															
5:00	Gym Closes at 4:30pm	Opem Gym 4:30pm to 8:30pm	Opem Gym 4:30pm to 8:30pm	Open Gym 5pm to 6pm	Open Gym 5pm to 6pm	Opem Gym 4:30pm to 8:30pm									
5:30				Adult Sports 6pm to 8:30pm	Adult Sports 6pm to 8:30pm										
6:00															
6:30															
7:00															
7:30															
8:00															
8:30															
Gym Closes at 8:30pm															
9:00															

The YMCA reserves the right to change the schedule at any point without notice due to Climate Conditions, Heat Indexes and Pending Weather.

# Gymnasium - Side 2 Summer 2025



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:00		Open Gym 5am to 8:30am	Open Gym 5am to 8:30am	Open Gym 5am to 8:30am	Open Gym 5am to 8:30am	Open Gym 5am to 8:30am		
5:30								
6:00								
6:30								
7:00	Open Gym 7am to 4:30pm	Camps 8:30 am to 4:00pm	Camps 8:30 am to 4:00pm	Camps 8:30 am to 4:00pm	Camps 8:30 am to 4:00pm	Camps 8:30 am to 4:00pm	Open Gym 6:30am to 5:30pm	
7:30								
8:00								
8:30								
9:00								
9:30								
10:00								
10:30								
11:00								
11:30								
12:00								
12:30								
1:00								
1:30								
2:00								
2:30								
3:00								
3:30								
4:00								
4:30								
5:00	Gym Closes at 4:30pm	Opem Gym 4:30pm to 8:30pm	Opem Gym 4:30pm to 8:30pm	Open Gym 5pm to 6pm	Open Gym 5pm to 6pm	Opem Gym 4:30pm to 8:30pm		
5:30								
6:00								
6:30				Adult Sports 6pm to 8:30pm				
7:00								
7:30								
8:00								
8:30								
9:00								
Gym Closes at 8:30pm								

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